ARTICHOKE, SHRIMP & ROASTED RED PEPPER PIZZA

Ingredients

1 homemade or store bought pizza crust 1-1/2C cooked shrimp
1C water-packed artichoke heart quarters, 1/4C roasted red pepper, chopped
well drained 2T grated Parmesan cheese
1C pizza sauce

Directions

Preheat oven to 425F. Spray large baking sheet/pizza pan with nonstick pray. Lightly sprinkle with cornmeal. If making dough: move dough to pan, stretch and shape dough by hand into 12-13" circle or 11x14" rectangle. If store bought crust: place in pan. Remove & discard any course outer leaves from artichoke hearts, chop the hearts. Spread the pizza sauce over crust, sprinkle with artichoke hearts, sprinkle on the shrimp and chopped pepper. Top with cheese. If homemade crust bake 12-15 minutes. If store bought follow directions on packaging.

Source: diabeticgourmet.com