

Botox Injections

What is Botox?

- Botox (OnabotulinumtoxinA) is a medicine that is injected into muscles.

Why would this injection be helpful?

- Botox is used to prevent headaches/migraines and treat spasticity (stiff or rigid muscles) or dystonia (involuntary muscle contractions) as well as other medical conditions.

Risks and side effects?

- Your provider will discuss risks and side effects with you at the time the procedure is ordered.
- Short term side effects may occur including increased pain or muscle weakness.

What happens during the procedure?

- You must arrive 30 minutes prior to your scheduled appt time. The nurses will ask you medical questions, have you sign your consent, and review your medications.
- The nurse will monitor your vital signs throughout the procedure.
- Your skin will be washed with an antiseptic solution.
- Your provider will direct a small needle with Botox medication into the muscles. This will likely consist of multiple injections/shots. Your provider will determine the locations and how many injections will be done during your visit.
- Sometimes this procedure is done under ultrasound guidance.

What happens after the procedure?

- You will go to the recovery room for monitoring until discharge criteria is met.
- Botox can take several weeks to take effect. It does not produce immediate relief.
- Follow your discharge instructions.
- A nurse will call you the next business day after your procedure to check on you further.
- Depending on your plan of care, Botox may be repeated in approximately 3 months. Plan of care will be discussed at your follow up visit.